

MEDIA KIT



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BIOGRAPHY

Andy Zagami has led a life of challenges and obstacles **of the likes you've never seen before.**

He was brought into this world not breathing, and within 7 days of being alive he was under the knife having a brain haemorrhage fixed. He was fortunate enough that the only side effect from the surgery was to wear glasses, which he no longer needs.

From the age of 4, Andy found a love of gymnastics where he trained with the Elite squad and competed all over Victoria, winning many times over and becoming best in the state for the Parallel Bars at the young age of 16, after fracturing his spine.

Fast forward to his early adult years and Andy had been diagnosed with cancer 3 times as well as tuberculosis which led to a dozen surgeries which ripped him to pieces.

Andy did what he did best, accept the hand he was given and rebuild his body, mind and life.

What followed over the next few years through his 20's is a remarkable story of what it truly means to be

UNBREAKABLE



UNBREAKABLE

Unbreakable was born because of the life Andy has led. All his life, and particularly his early adult years, has seen him overcome multiple health challenges which most find astonishing. It wasn't until a random day in 2012 where Andy realized he needed to share his story with the world and help others in a similar situation. With the help of some amazing people, 'Unbreakable: An Inspirational Story From The Man With 9 Lives' was born.

The book documents his entire life, specifically his experience with Cancer and what he had to do outside of treatments to regain his health and become an Unbreakable version of himself.

Since its release in 2015, Unbreakable has become an Amazon Best Seller and there have been 2000 copies sold in 4 countries. Andy is determined to spread his message of hope so that others can benefit from his knowledge and experience to live a happier and healthier life.

amazon

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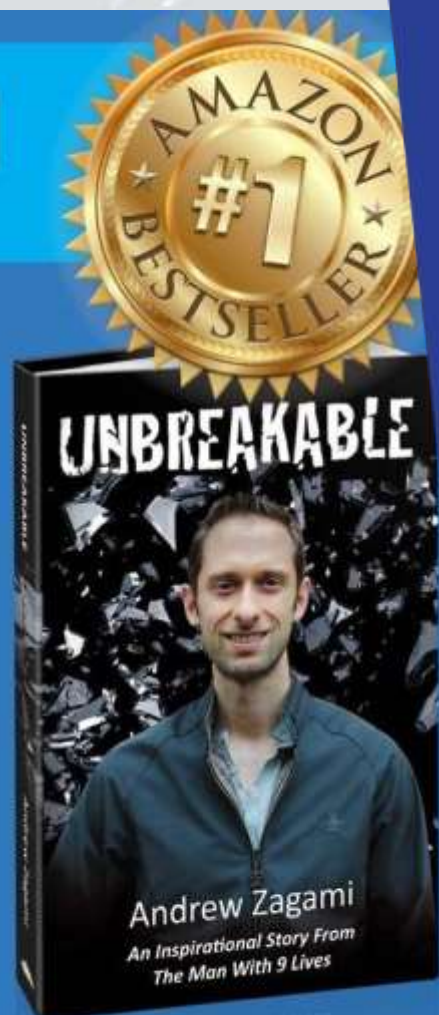
FOR MAKING

UNBREAKABLE

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BEST SELLER!

Andy Zagami



CELEBRITY ENDORSEMENT

"A tale of persistence through adversity, coping with setback after setback, to the point of self-enlightenment and the realisation that sometimes you have to take matters into your own hands; especially when it comes to your own health.

Fed up with filling his body with pills and other prescribed chemicals that were making this naturally fit and active guy feel lousy, Andy took his health into his own hands. The details of how he did so provide a great guide for all of us who have experienced a desire to live better."

- Luke Ball, Retired AFL Player



TESTIMONIALS



I interviewed Andy at one of my events which left everyone feeling completely motivated. The stuff that he has been through will leave you with a sense of just go for it while you **still can. It's an unbelievable read which will bring up all sorts of emotion within you.**

- Trav Bell The Bucket List Guy

Andy's story is inspiring. I couldn't help asking, 'how can one individual get knocked down so many times yet others don't?' Andy helped me wake up and realize how every day really is a blessing. I have the power to make the best out of each day, to make good positive choices and be an inspiring role model for my children, my husband, my family, my friends. - Daniella C.



An awesome, powerful and inspiring book. Andy has a way of connecting to the readers right away. Your positive attitude truly shines. For those struggling against the odds, this book offers tremendous inspiration and hope. It is a privilege to call you my friend. - Anthony Goldsmith

Andy's story is incredible and he tells it at a nice pace with honesty and humour. I couldn't put it down and ended up reading it from cover to cover in one day.

As he tells his life story, Andy weaves in the little and big lessons he learned along the way as well as the practical things he did to get his life back on track after dealing with so many health issues.

Andy's positivity and personality shine on the pages of his book.

His story will make you feel inspired and ready to make some **positive changes in your own life, whether you're a person facing your own health battles or just someone who, like me, would like to approach life with more optimism and energy.**



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Photos and further interviews available on request



Push When Necessary, Ask For Help When
Needed and Enjoy Life!

- Andy Zagami